# Understanding Systems Change

Diane Braunstein
Director, Technical Assistance
AoA's ADDGS National Resource Center
Hitching Post Inn
Cheyenne, WY
June 24, 2005

# Overview of Federal Long-Term Care Funding

- 2005 ADDGS Program Announcement
- Real Choice Systems Change Grants

## 2005 ADDGS Program Announcement

- Requires that ADDGS project improve the responsiveness of the state's overall system of home and community-based care to the needs and preferences of people with Alzheimer's
- Requires projects be linked to other state systems change activities

### ADDGS and System's Change

The announcement specifically mentions:

- Efforts to streamline access to LTC services (such as Aging and Disability Resource Centers)
- Family Caregiver Support Programs.
- Real Choice System's Change Grants

### 2005 Real Choice Systems Change Grant Announcements

- Aging and Disability Resource Centers (ADRCs) and
- Real Choice Systems Change Transformation Grants

### Aging and Disability Resource Centers

#### For 2005:

- \$16 million available
- Maximum award of \$800,000 per state
- · Project period 36 months
- · Estimated number of awards is 20
- Grant announcement similar to the 2004 grant announcement

### Aging and Disability Resource Centers

- Trusted place at the community level were people can turn for information and counseling on all available long-term support options.
- Single point of entry to public long-term support programs and services.
- Goal is to enable people to make informed decisions, streamline access to long term supports, and organize the long term support system.

## Aging and Disability Resource Centers

- Promote awareness of public and private long-term support options
- Provide long term support information and counseling
- Facilitate eligibility determinations
- Provide short-term assistance in time of immediate need
- Ensure one stop shopping for access to all public long term support programs

### Real Choice Systems Change Transformation Grants

- 2005 Grant Announcement substantially different from last year's announcement
- Nearly \$30 million for 2005
- Maximum award per state is \$3.5 million
- Project periods are up to 60 months or 5 years
- Estimated Number of Awards is 8-10.

### **Systems Transformation Grants**

- Target key elements of systems infrastructure that CMS believes are critical to successful systems transformation
- Idea is to advance states in developing a more coherent system of long term supports by addressing three out of six transformation goals

#### **Transformation Grants**

#### These six goals are:

- Improved Access to Long-Term Support Services: Development of One-Stop Shop Systems
- Increased Choice and Control: Development/ Enhancement of Self-Directed Service Delivery Systems
- 3. Development of Comprehensive Management Systems

#### **Transformation Grants**

- 4. Transformation of Information Technology to Support Systems Change
- Creation of Supports that Promote Community Living Options
- 6. Long-Term Supports Coordinated with Affordable Accessible Housing

#### **Transformation Grants**

- CMS's overall goal is to promote long term care systems that are characterized by integrated, or at least coordinated, systems management rather than disjointed similar components
- In other words, if you are not integrated into the larger system – over time you won't be part of it

#### **Transformation Grants**

- These grants emphasize the need to reform the long-term support human service delivery infrastructure.
- Infrastructure means the underlying framework of how a system operates.
- Infrastructure process can include consumer intake, assessment, care planning and eligibility procedures.

#### **Transformation Grants**

- CMS believes that the six goals taken together constitute coherent long term support systems management within a broader framework.
- This framework translates into a system whereby persons with disabilities needs and preferences – rather than the prevailing service delivery financing structure – drives system transformation and management. It is a consumer directed system.

# ADDGS Grants and Goals and Transformation Grants and Goals

Goal 1 – Improve Access to Long-Term Support Services: Development of One-Stop Shopping

- Provide Awareness, Information, and Assistance
- Streamline Multiple Eligibility Processes
- Target Individuals Who Are in Imminent Risk for Admission to an Institution

## ADDGS Grants and Goals and Transformation Grants and Goals

Goal 2: Increased Choice and Control Development Enhancement of Self Directed Service Delivery Systems

- Develop person centered planning
- Develop Individual Budgeting
- Develop Participant-Employer Options
- Ensure that self-directed supports are available to assist individuals to implement self-directed care

### ADDGS Grants and Goals and Transformation Grants and Goal

Goal 3: Create/ develop a Comprehensive Quality Management System

 Overall this goal is aimed at ensuring that home and community based care services meet desired outcomes for individuals and the service population as a whole

## ADDGS Grants and Goals and Transformation Grants and Goals

Goal 4: Transformation of Information Technology to Support Systems Change

 The purpose of this goal is to assist states in developing information technology systems that support person centered consumer directed care

# ADDGS Grants and Goals and Transformation Grants and Goals

Goal 5: Creation of a System that More Effectively Manages the Funding of Long-Term Supports that Promotes Community Living Options

 Targeting rural areas with high unmet need— this focuses on reengineering the financing and service structures for individuals with disabilities development of integrated service delivery systems

## ADDGS Grants and Goals and Transformation Grants and Goals

- Improving workforce capacity including calibration of equitable payment rates for self-directed supports
- Improving the coordination and financing of transportation services – including planning and financing of coordinated transportation at the community level

## ADDGS Grants and Goals and Transformation Grants and Goals

Goal 5: Long Term Care Support
Coordinated with Affordable and Accessible
Housing

 The overall objective of this goal is to increase a variety of supportive community housing options to reduce institutionalization

#### 2005 Grant Awards

- Aging and Disability Resource Center and Real Choice Systems Change Transformation Grant applications are due July 7<sup>th</sup>
- Review Panels for both kinds of Grants are scheduled for early August

#### 2005 Grant Awards

 States have 45 days from the notice of award to devise Strategic Plans for the Transformation Grants – this includes a description of strategies states will employ to accomplish their goals.